

Therapy & Suggested Donations

We rely greatly on your support

Oxygen Therapy

(75-90 mins per session)

£15 per session

£45.00 for your own mask.

£50 per session for sports injury.

- 15 session.
MS, CFS, ME, Parkinson's,
Sensorineural Hearing Loss.
- 20 session.
Arthritis, Burns, Cluster headaches,
Crohn's / Colitis, CPS, Crush
Injuries, Lyme Disease, Osteomyelitis.
- 30 session.
Cancer, Diabetic Leg Ulcers,
Sports Injury, Stroke.
- 40 session.
Radionecrosis, Fibromyalgia.

Monday to Friday

9:15, 11:00, 12:30, *2:00 (* Not Friday)

Physiotherapy (30-45 mins per session)

£15 per session

£30 per session for sports injury

APS Therapy (45 mins per session)

£15 per session

Acupuncture

£18 per session

Reflexology or Aromatherapy or Hot Stone or Hopi Ear Candles or Indian Head Massage

£15 per session

Counsellor

£15 per session (Ring to book) 10:00 & 4:00

Foot Health Practitioner

Appointment Charge - £18

(Ring to book) 9:00 to 4:00

Hairdresser

Appointment Charge - £10 (Ring to book)

10:00 to 12:30

Yoga Charge per Session - £5 (Tuesdays)

12:00 & 2:00

MS Nurse Free Trimonthly

11:00 to 1:30

Block booking sessions in advance

£15.00 per session

Acupuncture (10) £150.00

£12.00 per session

Oxygen (15) £180.00

Holistic therapy (10) £120.00

Physiotherapy (10) £120.00

£8.00 per session

APS Therapy (15) £120.00

Please be aware any donations made in advance are non-refundable and must be taken within 6 months.

Please note that current membership is required to attend a therapy, if you are on a means tested benefit please speak to our Centre Manager.

You will also be required to have a consultation before using our equipment or receiving a therapy for the first time, so remember to book an appointment.

Please be aware that the Centre does not employ carers and if you need personal care or assistance getting in or out of your car please bring someone with you.

Your donation is greatly received and is not refundable or transferable.

New Membership,

depending on the month you join, would be:

January £20.00, February £18.50,
March £17.00, April £15.50, May £14.00,
June £14.00, July £11.00, August £9.50,
September £8.00, October £6.50,
November £5.00, December £3.50

